

The Knife Skills course provides a foundation for entry-level jobs in a variety of food industry settings such as restaurants, cafés, retail markets, healthcare, schools, catering, & more.





You will learn these skills...

- Fluency with knives
- Familiarity with kitchen equipment
- Foundation in best sanitation practices



and these recipes...

Day 1: Avocado & Grapefruit Salad

Day 2: Asian Coleslaw

Day 3: Vegetable Soup

Day 4: Chicken Butchery

Day 5: Practical Exam



Each graduate will receive a professional chef's knife kit upon completion of the course. The Culinary Team will then assist graduates with resumes and job placement.



Sign up now...

- Ask your case manager for an enrollment form
- Email the Culinary Team at Culinary@HFHnyc.org

